

That's not all . . .

Our Vision

A premiere program for senior spouses that expands their leadership capacity, broadens their opportunities for growth, and recognizes their significant contributions to readiness.



Course Accreditation

- Informed, enthusiastic participation in class discussions and projects is accepted as a standard for all students.
- A public speaking presentation or poster session is required prior to receiving the Certificate of Training.

*Spouses
Enhanced*



United States Army Sergeants Major Academy

11291 SGT E. Churchill Street
Fort Bliss, Texas 79918-8002

Phone: (915) 744-1201 (DSN: 621)
Fax: (915) 744-8776
<https://usasma.bliss.army.mil>



For more Information

Ms. Debra A. Holmes
(915) 744-1201, DSN: 621
debra.a.holmes10civ@mail.mil

MSG Chandra A. Macri
(915) 744-1226, DSN: 621
chandra.a.macri.mil@mail.mil

now for **the
next
steps**

United States Army

Sergeants Major Academy

"An Institution of Excellence"



"Resources Not Rescue"



Spouse Leadership

Development Course

(SLDC)

Course Goals

To build upon the senior spouses basic knowledge of leadership, group dynamics and teambuilding by enhancing Senior Spouses awareness of current theories and models of human psychology.

- To encourage and support expression of diverse ideas, opinions, and beliefs related to current issues and challenges facing families regarding Army living, programs and transformation initiatives.
- To forge and maintain strong peer support groups among Senior Spouses and create a support network to sustain progress beyond the course.

"The professional face of modern military spouses has changed significantly."

Our Mission

Proactively educate senior spouses and promote a team-building approach by enhancing and developing leadership skills to support readiness, morale, and a successful command.

Our Course Map

- L901: SLDC Orientation
- L902: Myers-Briggs Type Indicator (MBTI)
- L903: Learning Styles
- L904: Building Effective Teams
- L905: Group Dynamics & the Senior Spouse
- L906: Leadership & the Senior Spouse
- L907: Public Speaking & Presentations
- L908: Effective Communication
- L909: Protocol & Etiquette
- L910: Senior Spouse Role in Recruiting & Thanking Volunteers
- L911: The Senior Spouse Overview of Army Family Programs
- L912: Security with Social Media
- L913: Public Affairs and Media Relations
- L914: Candid Camera
- L915: Risk Management
- L916: Benefits and Entitlements: Preparing for Retirement
- L917: The Senior Spouse Overview of Army Family Programs
- L918: Deployment Discussion
- L919: Casualty Assistance
- L920: Trauma in the Unit
- L921: Resilience
- L922: Diversity
- L923: Problem Solving & Decision Making
- L924: CSM/SGM Senior Spouse Panel
- L925: SMA/Senior Spouse Panel
- L926: After Action Review (AAR)
- L927: Reception
- L928: Survivor Outreach Services
- L929: American Red Cross

Course Scope

The Spouse Leadership Development Course is a 42-hour resident ATRRS leadership support course designed for spouses of USASMA SMC students, staff and faculty Soldiers in both the active or reserve component. It prepares spouses of enlisted Soldiers for leadership support positions in the military community. Major subject areas include programs in human psychology, human relations training, and leadership development.

Spouses also learn healthy conflict management, proper protocol, and are educated in public speaking, communication, effective listening, and team building. Family readiness group training is also part of the curriculum, and spouses also receive in-depth information about benefits and entitlements, and health awareness.

The Spouse Leadership Development Course is taught using a combination of lecture, discussion, and small group experiential learning exercises. SLDC consists of 29 individual lessons. Students must complete all lesson material.

Registration for SLDC is: <https://usasma.bliss.army.mil/ATLASNET/SLDC/ClassInformation.aspx>

Examinations are not conducted in this course!