

Sergeants Major Course Academic Pre-Arrival Tasks

Multi-Source Assessment and Feedback (MSAF)

<https://msaf.army.mil/Home/LeadOn.aspx>

Values in Action (VIA) Survey

<http://www.authentic happiness.com>

([Requires registration](#)/complete the VIA Survey of Character Strengths within the **Questionnaires** tab)

Global Assessment Tool (GAT)

<https://armyfit.army.mil/Protected/>

The Resiliency Quotient (RQ) Test

(Located in attachments)